

SUICIDE PREVENTION PROJECT

NGO Partner: Sisters Living Works (SLW)

Project Size: Rs 4 lacs

Project Summary:

SLW is creating support groups and one on one counselling for people who are suicide survivors or have suicidal thoughts and mental health issues. The counselees have many different anxiety issues like physical abuse, drug problems, single parents, health problems, body shaming, blackmail and many more, which are complicated by severe financial shortage. SLW has partnered with other NGOs like Bright Future, Hamara Foundation, Sakhya Women's Guidance Cell and Yuva Parivartan who are already working with underprivileged communities and thus, help to identify such people and refer them to SLW for counselling.

Impact & Challenges:

With the funding and support of Rotary, SLW have been able to impart talks on importance of mental health and suicide prevention to more than 500 individuals coming from low-income groups and to conduct one on one counselling for 33 people, all of whom are benefitting from it.

Also, 17 teachers from schools having students from low-income families were imparted training over 2 zoom sessions to identify children with suicidal thoughts and tendencies. The teachers found it very helpful and are putting it to use in their teaching environment.

SLW faces many challenges and resistance to their efforts, but they persevere and slowly gain trust of the concerned people. It is a slow process.